

You Have Rights!

Rights are what you should have (or have access to) or how you should be treated.

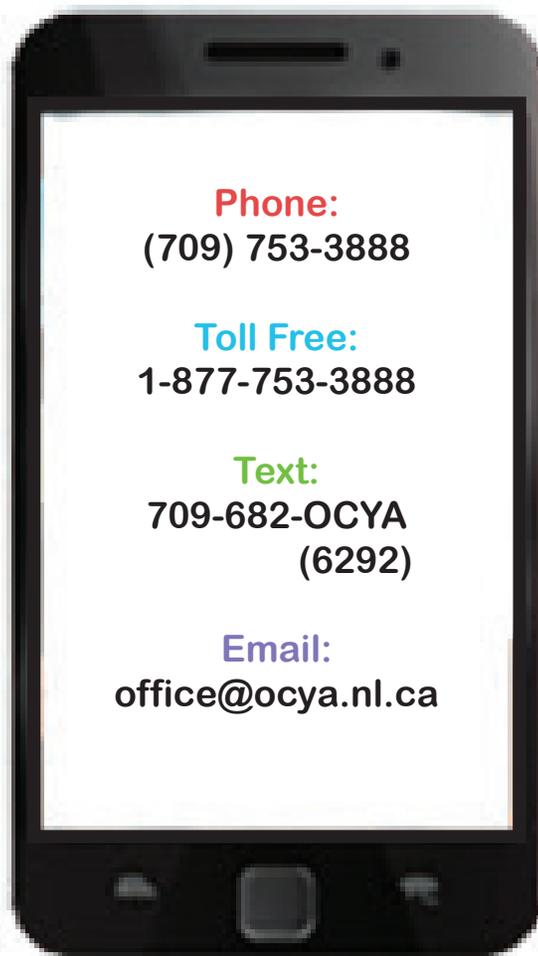
You have the RIGHT to:

- ▶ Speak up for yourself.
- ▶ Choose how you live your life.
- ▶ Be respected and included.
- ▶ Be safe and protected.
- ▶ Be involved in decisions that affect you.
- ▶ And so much more!

You can find all of your rights in the **United Nations Convention on the Rights of the Child** on our website:
www.childandyouthadvocate.nl.ca/your-rights/



Contact the Office of the Child and Youth Advocate if you or a young person you know is in need of help:



Website:
www.childandyouthadvocate.nl.ca

In-person:
20 Crosbie Place, St. John's, NL

Office of the Child and Youth Advocate



You have
RIGHTS!

Are You a Child or Youth Needing Supports?

- ▶ Are you having trouble getting help from government or its agencies?
- ▶ Do you feel you have rights that are being ignored?
- ▶ Do you need a place to live and cannot find someone to help?
- ▶ Do you need help in school and do not know how to get it?
- ▶ Are you in care or custody and feel that you are not being treated fairly?

DID YOU KNOW

All Government Services

are obligated to listen to your needs and issues and hear what you have to say?

If you have difficulty with any government service, call us, it's our job to listen!

We will listen to you and treat you with respect. Your voice is important!

We work to make sure you are listened to, your opinion is considered, and that your position is taken seriously by service providers.

What Does the Office of the Child and Youth Advocate Do?

We provide advocacy services for you. Advocacy means helping you to express your views, or if need be, speaking on your behalf.

We advocate to get the services you need from government, its boards, or its agencies.

Our office is an independent office of the House of Assembly of Newfoundland and Labrador. We are not a government department. We provide oversight of government services for you.

What Age Group Do We Work With?

We protect and represent your rights if you are under the age of 19 and living in Newfoundland and Labrador. If you have been in a care or custody arrangement, our services extend up to your 21st birthday.



What Happens When You Contact Us?

When you contact us, we will want to know:

- ▶ Your name, address, and phone number.
- ▶ What do you need help with?
- ▶ What service providers are involved?
- ▶ What you have done to help solve the problem?
- ▶ How you want us to help?



Depending on your situation, we may:

- ▶ Give you information that will help you solve the situation yourself.
- ▶ Call someone for you and explain your problem and what you want and need.
- ▶ Meet with everyone involved and try to help solve the problem.
- ▶ Investigate and ask that your problem, and the similar problem of other young people, be resolved.